



# REVELSTOKE.

## MOUNTAIN BIKING.

### Alpine Riding

Revelstoke is an alpine mountain biking paradise. With 360 degree views, stunning wildflowers, and descents that let you go from mountain top to valley bottom, it's not hard to see why Revelstoke is on every mountain biker's bucket list. Frisby Ridge is an epic adventure. Riders can opt for a 24 kilometre out and back, add on the 5.7 kilometre Frisby Vistas Extension, the Ultimate Frisby Connector, and Ultimate Frisby (a challenging downhill trail), and you've completed 'The Whole Teriyaki', Revelstoke's answer to Moab's Whole Enchilada.

### Barrier Free Adventure

Revelstoke is at the forefront of the adaptive mountain biking movement. The Revelstoke Cycling Association established a trail called "Miller Time", an adaptive trail named for local legend and adaptive rider Chris Miller. Adaptive trails are becoming increasingly popular throughout the Kootenays, with new adaptive trails being built in the nearby communities of Nakusp and New Denver.

### Revy, Set, Go!

Revelstoke hosts a number of mountain bike races throughout the year, including the Revelstoke Women's Enduro, the Canadian Enduro League Western Cup, and the REVY 50. These races attract participants from across Western Canada and the US. In addition to the larger scale races, the Revelstoke Cycling Association hosts five races throughout the mountain bike season, which are fantastic community events that see participants coming from outside communities to challenge our local riders.

### Downhill

Boulder Mountain is where it's at for downhill. Tackle steep loamers, packed flow trails, or session the Detention Centre, a jump zone. The trails are maintained by the Revelstoke Cycling Association. Revelstoke Mountain Resort is home to our lift access bike park. It features endless flow trails, fun technical descents, and as of August 2021, a pro jump line that was built for the Dark Horse Invitational, a women's freeride event.

### Starting Young

While many of Revelstoke's trails challenge even the most experienced riders, there are plenty of opportunities for kids to get out and learn how to ride. The Beaver Lodge Kids' Park at Mount Revelstoke National Park features interactive sculptures like the dragonfly teeter totter, animal overpass, and the giant snail. Kids who are a little older will be challenged and entertained by the Rotary Skills Park at Mt. Macpherson, with skills lines to practice small jumps and turns in a controlled environment. Local guides Wandering Wheels will be happy to take the kids off your hands while you explore!