

Advent 2025: Prayer Guide

Celebrating the Journey

This is your invitation this Advent season to

pause...,
reflect...,
and celebrate the journey of Immanuel – God with us.

As a community, we walk through this season with hearts open to the four movements of Advent – Hope, Peace, Joy, and Love.

This prayer guide offers a short daily Scripture and a simple prayer to help ground us each day in God's presence. As we reflect together, may we each grow in gratitude, expectation, and a deeper sense of belonging with God and with one another.

May this Advent season lead us toward the light of Christ, who journeyed to be with us and for us.

Find weekly reflections at disabilityandfaith.org.

Find weekly readings on our [Facebook](#) and [Instagram](#).

Nov 30

Isaiah 9:6 | For a child is born to us, a son is given to us. The government will rest on his shoulders. And he will be called: Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.

“Jesus, may Your names guide us as we walk this Advent road. Lead us with Your peace as we celebrate the journey toward Your arrival.”

Dec 1

Isaiah 7:14 | All right then, the Lord himself will give you the sign. Look! The virgin will conceive a child! She will give birth to a son and will call him Immanuel (“God is with us”).

“Immanuel, thank You for stepping into our world and into our lives. Help us notice Your nearness in every part of this journey.”

Dec 2

Luke 1:26-28 | In the sixth month of Elizabeth’s pregnancy, God sent the angel Gabriel to Nazareth, a village in Galilee, to a virgin named Mary.

“God, You chose Mary, young and vulnerable. Help us see how You work through those the world overlooks, revealing Your glory in unexpected places.”

Dec 3

Luke 1:29-33 | You will conceive and give birth to a son, and you will name him Jesus. He will be very great and will be called the Son of the Most High.

“Jesus, Son of the Most High, shape our expectations with Your greatness. Teach us to follow You with hope on this journey.”

Dec 4

Luke 1:34-35 | The angel replied, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you. So the baby to be born will be holy, and he will be called the Son of God.”

“Spirit of God, You worked through Mary’s trust and dependence. This Advent, help us see how our own vulnerability makes room for Your purposes.”

Dec 5

Luke 1:38 | Mary responded, “I am the Lord’s servant. May everything you have said about me come true.”

“Lord, give us Mary’s trust when we cannot yet see. Help us walk this journey with open hands and willing hearts.”

Dec 6

Luke 1:46-47 | Mary responded, “Oh, how my soul praises the Lord. How my spirit rejoices in God my Saviour!”

“God our Saviour, fill us with the hope that overflowed in Mary. Let praise rise in us as we journey toward Christmas.”

Dec 7

Micah 5:5a | And he will be the source of our peace.

“Jesus, You came small and vulnerable. Help us see the gifts that come through our differences and vulnerability.”

All Biblical references are taken from the NLT.

Hope

Peace

Joy

Love

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Dec 8

Psalm 85:8 | I listen carefully to what God the Lord is saying, for he speaks peace to his faithful people.

“Lord, help us slow down enough to hear Your voice of peace. Speak into our worries and bring stillness to our Advent path.”

Dec 9

Isaiah 26:3 | You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

“God, when things feel unsteady, turn our thoughts toward You. Keep us in Your perfect peace as we walk through Advent.”

Dec 10

Isaiah 32:17-18 | And this righteousness will bring peace. Yes, it will bring quietness and confidence forever. My people will live in safety, quietly at home.

“Lord, may Your righteousness steady us with a quiet confidence. Help our homes and hearts become spaces where Your peace is welcome and at rest.”

Dec 11

Isaiah 40:1 | “Comfort, comfort my people,” says your God.

“God who comforts, You come close to our pain. Help us see how shared weakness shapes the community You want.”

Dec 12

Malachi 3:1 | “Look! I am sending my messenger, and he will prepare the way before me.”

“Prepare our hearts, Lord, for the One who is coming. Clear the way in us so we can walk the path You set before us.”

Dec 13

Luke 1:78-79 | Because of God’s tender mercy, the morning light from heaven is about to break upon us, to give light to those who sit in darkness and to guide us to the path of peace.

“Morning Light, You step into our darkness and stay with us in it. Guide us toward the kind of peace that comes through being real and present with each other.”

Dec 14

John 3:16 | For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.

“God of love, thank You for giving us the greatest gift in Jesus. Fill our journey with joy as we remember how deeply we are loved.”

Dec 15

Isaiah 40:9 | O Zion, messenger of good news, shout from the mountaintops! Shout it louder, O Jerusalem. Your God is coming!

“Lord, give us boldness to share the good news with joy. Let our lives echo the celebration that You are coming near.”

Dec 16

Luke 1:41-42 | At the sound of Mary’s greeting, Elizabeth’s child leaped within her, and Elizabeth was filled with the Holy Spirit.

“Lord, John leaped before he could speak, his body knew what words could not. Help us see the joy and wisdom our bodies express.”

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Hope

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Joy

Love



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Dec 17

Luke 1:46-47 | Mary responded, “Oh, how my soul praises the Lord. How my spirit rejoices in God my Saviour!”

“God our Saviour, fill us with Mary’s joyful praise. May our spirits rejoice as we journey toward Christmas.”

Dec 18

Luke 1:49 | For the Mighty One is holy, and he has done great things for me.

“Mighty God, thank You for the great things You have done. Help us see Your goodness in the small moments along the way.”

Dec 19

Luke 2:10 | The angel reassured them. “Don’t be afraid! I bring you good news that will bring great joy to all people.”

“Lord, let the angel’s announcement echo in us today. Bring fresh joy to our hearts and to all who walk this journey.”

Dec 20

Luke 2:14 | “Glory to God in highest heaven, and peace on earth to those with whom God is pleased.”

“Glory to You, God in the highest! Let Your peace and favour rest on us as we celebrate the journey.”

Dec 21

Zephaniah 3:17 | For the Lord your God is living among you. He is a mighty Saviour. He will take delight in you with gladness. With his love, he will calm all your fears.

“God of love, You delight in our differences, our dependencies, and our unique ways of being. Help us rest in Your loving pleasure rather than our performance.”

Dec 22

Matthew 1:23 | “Look! The virgin will conceive a child! She will give birth to a son, and they will call him Immanuel, which means ‘God is with us.’”

“Immanuel, thank You for coming close and living with us. Help us recognise Your loving presence in every step we take.”

Dec 23

Luke 2:11 | The Saviour—yes, the Messiah, the Lord—has been born today in Bethlehem, the city of David!

“Jesus our Saviour, thank You for entering our world in humble love. Fill our journey with awe as we welcome You again.”

Dec 24

John 1:14 | So the Word became human and made his home among us. He was full of unfailing love and faithfulness. And we have seen his glory, the glory of the Father’s one and only Son.

“Jesus, You embraced a body with limits and needs. Thank You for showing us that God dwells fully in vulnerable flesh.”

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