



Our Voice, Our Stories, Engaging Everyone

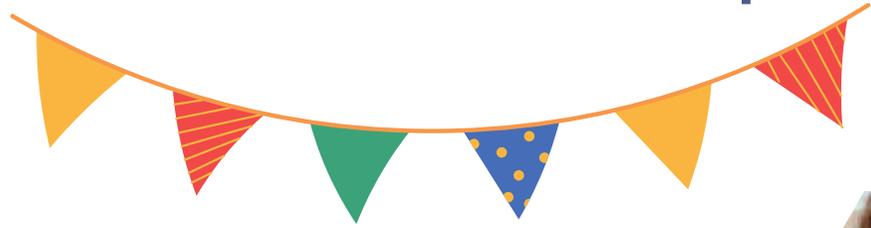
Photovoice Co-Research Team

Thank you



This project could not have happened without you. **Your stories, photos, and voices made this report possible.** You are the heart of this project, and we are so grateful for your time and participation.

Our Wonderful Participants!



Koko



Bonnie



Trevor



Dzidra



Jamal



Antonio



Dean



Sheila



Liz



Wayne



Nana



Casey



Ann & Cindy

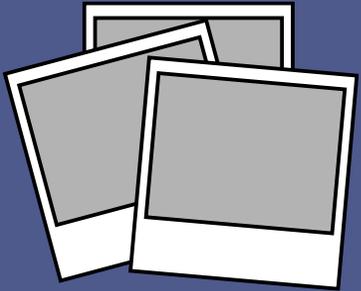


Jessica & Dirrell



Tony & Gerald

What We Did Together



- We wanted to **understand your experience** at the engagement sessions. To do this, we used photos.



- **Eighteen people** from Toronto and Oakville engagement sessions joined our photovoice project. We all worked on this project as a team.



- You joined us in Toronto and Oakville and took **photos to share your experience** at the sessions.



- You shared your stories behind the photos. **Together, we created something meaningful that shows what is important to all of us.**

What We Learned Together

From your photos and stories, we learned:



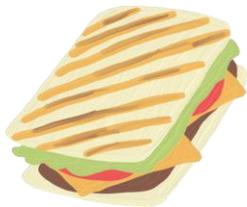
Working together with friends, staff, and leaders was important and meaningful, **co-presenting and sharing your ideas.**



Spending time with friends and meeting new people made you **feel connected.**



The activities were **fun**, and they gave you **a chance to show what matters to you.**



Meals and snacks were enjoyable and part of the good experience.



These moments made you feel **happy, proud, included, and loved.**

What We Learned Together

You shared wonderful ideas to make the future events better:

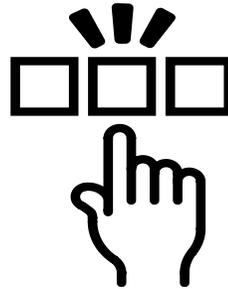
More Fun!



More Chances
Like This!



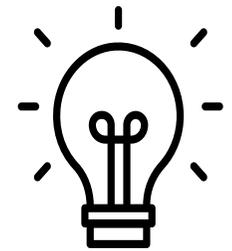
Ideas to improve
Activities



Healthier Food



Even More
Ideas



Games, prizes,
songs, and
dancing to
make events
more exciting

Opportunities to
co-host, co-design,
and join sessions
together

More kinds of
activities
including ones to
do alone, and
less crowding in
group activities

More
healthier food
options like
fruits and
veggies

More ideas to
improve
future events,
like more
breaks, and
outdoor
events



Toronto
Session
May 21, 2025



"It was great to
see my friends
there"



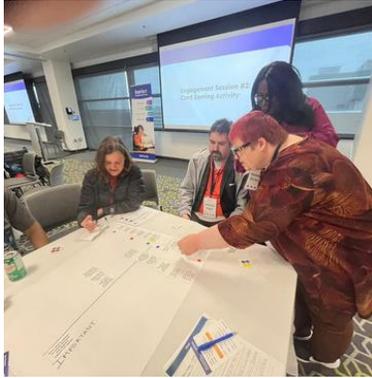
"My favorite
moments are
when I am up
speaking"



"I feel good
about myself"



"Things on the
wall helped me
to think"



"I was part of everything."



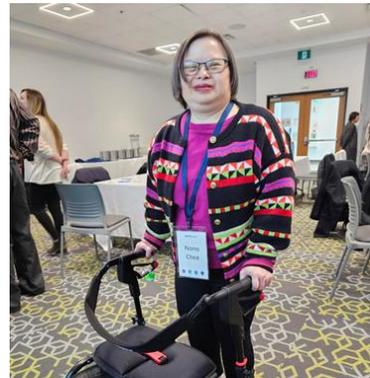
"I was putting something on the paper. It was fun."



"More co-design opportunity! it means 'working together with the agency.'"



"I love all the leadership."





"We're just discussing what Karis could do better. Everybody was happy. We were all having a good time together."



Oakville Session
June 5, 2025



"It was fun."
"It was like a picnic."



"Good idea to write on paper what different areas are."



A graphic of a spiral-bound notebook with a white page and a dark blue cover. The spiral binding is at the top. The page contains a title and a list of bullet points.

What happens Next

- We learned about how your experience was, what you valued in the sessions, and what you want for future events.
- We will share what you told us with our Karis leadership Team.
- Please watch for more opportunities like this in the future.

Any questions

- If you have any questions, please feel free to reach out to the photovoice co-research team: Liz, Silvana, Dean, and Sun.
- If you want a more detailed version of the report, please let us know!
- Email: skurian@karis.org or Call: 519-496-3123.

